



Kickin' Kater LLC

16 Glenlew Drive,
Lewistown, PA 17044
717.437.5949

Licensed by PA Dept of Ag.



~ layered pasta, homemade alfredo sauce and seasoned, smoked chicken breast, topped with parmesan & italian seasoning

Heating Instructions & Meal Ingredient Listing

Directions: Product is fully cooked; thaw completely and cover with foil before placing in oven. Slowly heat in oven at 275° until minimum internal temperature of 165° is reached. Rotate half way through heating.

Approximate Heating Times for:

Family Pan – 60 minutes to 1.5 hours

29 oz Pan – 45 to 60 minutes

14 oz Pan – 30 to 45 minutes

Microwave Container: for best results, thaw completely. Product is fully cooked, treat as if reheating leftovers.

Microwave for 1 minute 30 seconds. Stir or rotate. Microwave for another 1 minute, or until desired temperature reached

Once product is thawed, use within 7 days or discard

Suggested use within 6 months of Freeze By Date

Contains: Wheat, Milk, Soy

Ingredients: **fettuccine noodles** (semolina (wheat), niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid), **alfredo sauce** [Half n Half [milk, cream, contains less than 1% of sodium citrate, disodium phosphate], whole or 2% milk [milk, vitamin D3 and may contain vitamin A palmitate], Butter [pasteurized cream, salt] or Butter Blend [vegetable oil blend (palm oil and soybean oil), water, butter (cream, salt), contains less than 2% of salt, nonfat dry milk, natural & artificial flavors, potassium sorbate (a preservative), soy lecithin, vitamin A palmitate added, beta carotene (color)], Flour [bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enzyme], Parmesan Cheese [part-skim milk, cheese culture, salt, enzymes, potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)], Minced Garlic, Salt, Italian Seasoning [blend of herbs (oregano leaves, basil leaves, cut & sifted rosemary, thyme leaves, rubbed sage, parsley flakes, marjoram leaves, soybean oil)], Black Pepper], **chicken breast**, marinated in **Italian Dressing** (water, soybean oil, high fructose corn syrup, distilled vinegar, salt, contains 2% or less of: dried garlic, xanthan gum, dried onion, lemon juice concentrate, dried red bell peppers, sorbic acid (preservative), calcium disodium edta (to protect flavor), spices, propylene glycol alginate, yellow 6, yellow 5), **vegetable oil** (to prevent sticking) [soybean oil]) **parmesan cheese** (part-skim milk, cheese culture, salt, enzymes, potato starch and powdered cellulose added to prevent caking, natamycin (a natural mold inhibitor)), **salt**, **Italian seasoning** (blend of herbs (oregano leaves, basil leaves, cut & sifted rosemary, thyme leaves, rubbed sage, parsley flakes, marjoram leaves, soybean oil)