

**Weekly Store Hours:****Sunday/Monday:** Closed**Tuesday - Friday:** 10a - 5p**Saturday:** 9a - 1p

Home of the  
"Fresh-to-Frozen"  
Freezer Meals

**Kickin' Kater LLC.**

16 Glenlew Drive, Lewistown, PA 17044

Website: [www.kicknkater.com](http://www.kicknkater.com)Email: [customerservice@kicknkater.com](mailto:customerservice@kicknkater.com)Call / Text: **717.437.5949****Entrees:** (Lg. feeds 3-4 | Sm. feeds 2 | \*Micro feeds 1)**\* Alfredo:**

Chicken - \$17.5 / \$9 / \$7.5

Shrimp - \$22 / \$11.5 / \$9.5 (*winter seasonal*)**\* Cheesy Burger Noodle Cass.** - \$22 / \$11.5 / \$9.5**\* Cheesy Ham & Potato** - \$18 / \$9.5 / \$8**\* Chicken, Broccoli & Rice** - \$20 / \$10.5 / \$8.5 - **GF****\* Chicken & Filling Entree** - \$18.5 / \$9.5 / \$8**Enchiladas:**

Beef - \$22.5 / \$11.5

Brisket - \$22.5 / \$11.5

Chicken - \$17.5 / \$9

**\* Ham & Filling Entree** - \$19 / \$10 / \$8.5**\* Hearty Beef Entree** - \$22 / \$11.5 / \$9.5**\* Lasagna** - \$22 / \$11.5 / \$9.5**\* Pizza Casserole** - \$16.5 / \$9 / \$7.5**\* Poppy Seed Chicken & Rice** - \$22 / \$11.5 / \$9.5**\* Roast Beef & Filling Entree** - \$24 / \$13 / \$10**\* Smoked Buffalo Chicken Mac 'n Cheese** - \$21 / \$10.5 / \$9**\* Turkey & Filling Entree** - \$22 / \$11.5 / \$9.5 (*seasonal*)**\* Vegetable Lasagna** - \$24 / \$13 / \$10**Meat Pies:** (8" -or- 6")

Chicken Pies - \$15 / \$9

Beef Pies - \$16 / \$10

**Soups:** (Quart -or- Pint)Beef Vegetable Soup - \$13 / \$7.5 - **GF**Cheesy Broccoli Soup - \$9 / \$5.5 - **GF**Chicken Corn Soup - \$10 / \$6 - **GF**Chili - \$12 / \$7 (*winter seasonal*) - **GF**Ham & Bean - \$9 / \$5.5 (*winter seasonal*) - **GF**Sausage & Potato Chowder - \$10 / \$6 - **GF****Pot Pie:** (Quart -or- Pint)

Chicken - \$11 / \$6.5

Ham - \$11 / \$6.5

**Sliders:** (Pan of 9 -or- Pan of 3)

Brisket, Swiss &amp; Horseradish Sliders - \$19.5 / \$7

Buffalo Chicken &amp; Cheddar Sliders - \$16.5 / \$6

Cheeseburger Sliders - \$19.5 / \$7

Ham &amp; American Cheese Sliders - \$16.5 / \$6

Pulled Pork &amp; BBQ Sauce Sliders - \$16.5 / \$6

Turkey, Bacon, Ranch &amp; Cheddar - Sliders - \$19.5 / \$7

**Make It All Meat:** (Lg. = 1.5# | Sm. = .75#)

Ham Balls - pan of 12 - \$24 | pan of 6 - \$12

Meatballs - pan of 12 - \$22 | pan of 6 - \$11 - **GF**Meat Loaf - one size - \$24 - **GF**Pulled Brisket - \$32 / \$16 - **GF**Pulled Chicken - \$16 / \$8.5 - **GF**Pulled Pork - \$16 / \$8.5 - **GF**Smkd Beef Brisket - \$32 / \$16 - **GF**Smkd Boneless Chkn Thighs \$16 / \$8.5 - **GF**

Stuffed Ckn Breast - pan of 4 - \$22

**On The Side:** (Lg. feeds 3-4 -or- Sm. feeds 2)Baked Beans - \$10 quart | \$6 pint - **GF**

Baked Corn - \$13 / \$7.5

Baked Pineapple - \$17.5 / \$9

Gourmet Mashed Potatoes - \$12 / \$7 - **GF**

Green Bean Casserole - \$15 / \$8

Home-made Filling - 3lb. Bag - \$20 / 1.5lb. Bag - \$10

**\* Macaroni & Cheese** - \$13 / \$7.5 / \$5Red Skin Garlic Mashed Potatoes - \$13 / \$7.5 - **GF**Scalloped Potatoes - \$17.5 / \$9 - **GF**

Sweet Potato Casserole - \$16 / \$8.5

Twice Baked Potatoes - \$15 / \$8 - **GF****Micro-Duos:** (Meat & Side Microwave Dinners)

Ham Balls &amp; Sweet Potato Cass. - \$10

Meat Loaf, Mashed Potatoes & Gravy - \$9.5 - **GF**Meat Loaf & Scalloped Potatoes - \$10 - **GF**

Stuffed Ckn Breast &amp; Gourmet Potatoes - \$10

Pulled Brisket & Red Skin Garlic Potatoes - \$10.5 - **GF**Pulled Brisket & Twice Baked Potato - \$11 - **GF**

Pulled Pork &amp; Macaroni &amp; Cheese - \$9.5

**Breakfast:**

Quiche 9" pie -or- 6" pie | Casserole Lg. or Sm.

4 -Cheese Bacon Quiche - \$20 / \$9.5

Ham &amp; Cheddar Quiche - \$20 / \$9.5

Sausage, Spinach &amp; Swiss Quiche - \$20 / \$9.5

Tomato, Bacon &amp; Cheddar Quiche - \$20 / \$9.5

**\* Gold Rush Breakfast Casserole** - \$22 / \$12 / \$10 - **GF****GF** = Gluten Free*Gluten Free Meals processed on same equipment as products containing Wheat.***GF** = Gluten Free*\*menu & prices subject to change without notice*



## 9x13 Family Pans - OR - Full Steam Pan Prices

*pricing updated September 2025*

Available by pre-order; 1 week notice requested.

### Entrees:

9x13 Pan [Approx. 4 lb] feeds 8-10  
Lg. Steam Pan [Approx. 12 lb] feeds 22-25

#### Alfredo:

Chicken - \$36 / \$112  
Shrimp - \$42 / \$155  
Cheesy Burger Noodle Cass. - \$39 / \$113  
Cheesy Ham & Potato - \$36 / \$100  
Chicken, Broccoli & Rice - \$40 / \$115  
Chicken & Filling Entree - \$39 / \$113  
Chipotle in a Bowl - \$34 / \$95  
Ham & Filling Entree - \$39 / \$113  
Hearty Beef Casserole - \$45 / \$129  
Gold Rush Breakfast Cass. - \$43 / \$121  
Lasagna - \$36 / \$105  
Pizza Casserole - \$32 / \$93  
Poppy Seed Chicken & Rice - \$45 / \$129  
Roast Beef & Filling Entree - \$49 / \$138  
Smoked Buf. Chicken Mac N Cheese - \$43 / \$135  
Turkey & Filling - \$42 / \$150 (*seasonal, winter*)  
Vegetable Lasagna - \$50 / \$146

### Make It All Meat:

Ham Balls  
9x13 @ pan of 20 - \$42  
Full Steam Pan @ pan of 40 - \$83  
Meatballs  
9x13 @ pan of 20 - \$32  
Full Steam Pan @ pan of 40 - \$63  
Pulled Pork  
9x13 @ 4 lb - \$48 [feeds 10-12]  
Full Steam Pan @ 10 lb - \$120 [feeds 35-40]  
Pulled Chicken  
9x13 @ 4 lb - \$44 [feeds 10-12]  
Full Steam Pan @ 10 lb - \$110 [feeds 35-40]  
Smkd Beef Brisket -or- Pulled Brisket  
9x13 @ 4 lb — \$95 [feeds 10-12]  
Full Steam Pan @ 8 lb — \$190 [feeds 20-22]  
Smkd Boneless Chkn Thighs  
9x13 @ 4 lb - \$44 [feeds 10-12]  
Full Steam Pan @ 10 lb - \$110 [feeds 30-35]  
Stuffed Ckn Breast  
9x13 @ pan of 12 - \$69  
Full Steam Pan @ pan of 35 - \$201

### Sliders: Pan of 16 -or- 32

Brisket, Swiss & Horseradish Sliders - \$37 / \$73  
Buffalo Chicken & Cheddar Sliders - \$32 / \$63  
Cheeseburger Sliders - \$37 / \$73  
Ham & American Cheese Sliders - \$32 / \$63  
Pulled Pork & BBQ Sauce Sliders - \$32 / \$63  
Turkey, Bacon, Ranch & Cheddar - Sliders - \$37 / \$73

### Sides:

Baked Beans  
9x13 @ 4 lb — \$26 [feeds 14-16]  
Full Steam Pan @ 12 lb — \$75 [feeds 45-48]  
Baked Corn  
9x13 @ 4 lb — \$31 [feeds 10-12]  
Full Steam Pan @ 10 lb — \$76 [feeds 40-42]  
Baked Pineapple  
9x13 @ 4 lb — \$37 [feeds 10-12]  
Full Steam Pan @ 10 lb — \$90 [feeds 40-42]  
Gourmet Potatoes  
9x13 @ 4 lb — \$29 [feeds 8-10]  
Full Steam Pan @ 12 lb — \$84 [feeds 30-35]  
Green Bean Cass.  
9x13 @ 4 lb — \$32 [feeds 10-12]  
Full Steam Pan @ 10 lb — \$78 [feeds 40-42]  
Homemade Filling  
9x13 @ 5 lb — \$38 [feeds 20-22]  
Full Steam Pan @ 8 lb — \$61 [feeds 40-42]  
Macaroni & Cheese  
9x13 @ 4 lb — \$29 [feeds 8-10]  
Full Steam Pan @ 12 lb — \$84 [feeds 40-42]  
Mashed Potatoes  
9x13 @ 4 lb — \$27 [feeds 8-10]  
Full Steam Pan @ 12 lb — \$78 [feeds 30-35]  
Red Skin Garlic Potatoes  
9x13 @ 4 lb — \$29 [feeds 8-10]  
Full Steam Pan @ 12 lb — \$84 [feeds 30-35]  
Scalloped Potatoes  
9x13 @ 4 lb — \$36 [feeds 8-10]  
Full Steam Pan @ 10 lb — \$93 [feeds 30-35]  
Sweet Potato Casserole  
9x13 @ 3 lb — \$30 [feeds 8-10]  
Full Steam Pan @ 10 lb — \$93 [feeds 25-30]  
Twice Baked Potatoes  
9x13 @ 14-16 filled potatoes - \$40  
Full Steam Pan @ 28-30 filled potato skins - \$85