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Licensed by PA Dept of Ag.



Meat Loaf & Scalloped Potatoes Micro-Duo Meal

Heating Instructions & Meal Ingredient Listing



Heating Time: for best results, thaw completely. Product is fully cooked, treat as if reheating leftovers.

Microwave for 1 minute 30 seconds. Stir or rotate. Microwave for another 1 minute, or until desired temperature reached

Once product is thawed, use within 7 days or discard

Suggested use within 6 months of Freeze By Date

Contains: Milk, Eggs, Celery, Soy

Meat Loaf Ingredients: Ground Beef, Pizza Sauce (tomato whole or 2% Milk (milk, vitamin D3 and may contain vitamin A palmitate),s, corn oil, salt, black pepper, oregano, garlic powder), Oatmeal (whole grain rolled oats),, Eggs, Onion, Salt, Red Pepper, PAM Cooking Spray (to prevent sticking) [canola oil*, coconut oil*, palm oil*, soy lecithin (prevents sticking), dimethyl silicone (anti foaming agent)]

Scalloped Potato Ingredients: Russet Potatoes, whole or 2% Milk (milk, vitamin D3 and may contain vitamin A palmitate), Cheddar Cheese Sauce (water, cheddar cheese [pasteurized milk, cheese culture, salt, enzymes, annatto extract (color)], vegetable oil [contains one or more of: canola oil, soybean oil], whey, modified corn starch, contains less than 2% of vinegar, sodium phosphate, salt, yeast extract, xanthan gum, cream, sodium hexametaphosphate, mono-and diglycerides, carotene color, sodium stearoyl lactylate, anhydrous milkfat, lactic acid, citric acid, annatto color, nonfat dry milk, acetic acid, natural flavor), Butter [pasteurized cream, salt], Clearjel (100% food starch-modified, derived from waxy maize), Onions, Salt, Water, Farm Dust (kosher salt, sea salt, dried onion and garlic, black pepper, fennel, celery, marjoram, thyme, rosemary, savory, sage, oregano, basil), Black Pepper, PAM cooking spray (to prevent sticking) [canola oil*, coconut oil*, palm oil*, soy lecithin (prevents sticking), dimethyl silicone (anti foaming agent)]

Processed in facilities that process wheat, egg, milk, soy, tree nuts & peanuts