



# Homemade Meat Loaf

## Heating Instructions & Meal Ingredient Listing

**Kickin' Kater LLC**

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**Directions:** Product is fully cooked; thaw completely and cover with foil before placing in oven. Slowly heat in oven at 275° until minimum internal temperature of 165° is reached.

### Approximate Heating Time(s) for:

25.5 oz Pan – 1 to 1.5 hours



**Once product is thawed, use within 7 days or discard**

**Suggested use within 6 months of Freeze By Date**

**Contains: Milk, Egg, Soy**

**Ingredients:** **Ground Beef, Pizza Sauce** (tomatoes, corn oil, salt, black pepper, oregano, garlic powder) whole or 2% **Milk** (milk, vitamin D3 and may contain vitamin A palmitate), **Oatmeal** (whole grain rolled oats), **Eggs, Onion, Salt, Red Pepper, PAM Cooking Spray** (to prevent sticking) [canola oil\*, coconut oil\*, palm oil\*, soy lecithin (prevents sticking), dimethyl silicone (anti foaming agent)]