



Ham & Cheddar Quiche

Heating Instructions & Meal Ingredient Listing

Kickin' Kater LLC

16 Glenlew Drive,
Lewistown, PA 17044
717.437.5949



Licensed by PA Dept of Ag.

Directions: Product is RAW & UNBAKED.

For best results, THAW COMPLETELY before baking.

Baking Times for:

9" Quiche: Bake @ 350° for 45 minutes or until center of pie is set. Rotate half way through bake. Cool for 10 minutes before serving.

6" Quiche: Bake @ 350° for 30–40 minutes or until center of pie is set. Rotate half way through bake. Cool for 10 minutes before serving.

Once product is thawed, use within 7 days or discard

Suggested use within 6 months of Freeze By Date

Contains: Eggs, Wheat, Milk, Celery

Ingredients: Eggs, whole or 2% Milk (milk, vitamin D3 and may contain vitamin A palmitate), Smoked Virginia Ham [ham, water, salt, contains less than 2% of: sugar, corn syrup solids, dextrose, modified corn starch, sodium phosphate, sodium erythorbate, sodium nitrate, coated with: caramel color, liquid smoke, sugar, dextrose, natural flavors], Cheddar Cheese [pasteurized milk, cheese culture, salt, enzymes, color added), potato starch and powdered cellulose added to prevent caking, nymycin (a natural mold inhibitor)], Farm Dust Seasoning [kosher salt, sea salt, dried onion and garlic, black pepper, fennel, celery, marjoram, thyme, rosemary, savory, sage, oregano, basil], Granulated Garlic

6" Crust Ingredients: wheat flour [unenriched, unbleached], lard, water, dextrose, salt, baking soda Crust Mfg By: Wicks Pies Inc., Winchester, IN 47394

9" Crust Ingredients: wheat flour [unenriched, unbleached], lard, water, salt, dextrose, baking soda Crust Mfg By: Wicks Pies Inc., Winchester, IN 47394

Processed in facilities that process wheat, egg, milk, soy, tree nuts & peanuts