



# Roast Beef & Filling Entree

~ layered homemade mashed potatoes, roast beef, gravy & filling

## Heating Instructions & Meal Ingredient Listing

**Kickin' Kater LLC**

16 Glenlew Drive,  
Lewistown, PA 17044  
717.437.5949

Licensed by PA Dept of Ag.



**Directions:** Product is fully cooked; thaw completely and cover with foil before placing in oven. Slowly heat in oven at 275° until minimum internal temperature of 165° is reached. Rotate half way through heating.

### Approximate Heating Times for:

**Family Pan** – 60 minutes to 1.5 hours

**34 oz Pan** – 45 to 60 minutes

**16 oz Pan** – 30 to 45 minutes

**Microwave Container:** for best results, thaw completely. Product is fully cooked, treat as if reheating leftovers.

Microwave for 1 minute 30 seconds. Stir or rotate. Microwave for another 1 minute, or until desired temperature reached

**Once product is thawed, use within 7 days or discard**

**Suggested use within 6 months of Freeze By Date**

**Contains: Wheat, Milk, Celery, Soy, Mustard**

**Ingredients: Homemade Mashed Potatoes** (potatoes, whole or 2% milk (milk, vitamin D3 and may contain vitamin A palmitate), sour cream [cultured pasteurized light cream and nonfat milk, enzymes], cream cheese [pasteurized milk and cream, cheese culture, salt, guar gum, carob bean gum, xanthan gum], butter [pasteurized cream, salt], dried salt, garlic salt, white pepper), **Homemade Filling** [Bread Cubes [occident flour (wheat flour enriched (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, potassium bromate), water, sugar, lard (rendered pork fat), instant yeast (yeast, sorbitan monostearate, ascorbic acid), vegetable shortening [palm oil], salt, calcium propionate [preservative], grain vinegar, datem, soy lecithin], Butter [pasteurized cream, salt], Celery, Butter Blend [vegetable oil blend (palm oil and soybean oil), water, butter (cream, salt), contains less than 2% of salt, nonfat dry milk, natural & artificial flavors, potassium sorbate (a preservative), soy lecithin, vitamin A palmitate added, beta carotene (color)], Onion, Parsley, Poultry Seasoning (sea salt, coriander, oregano, sage, black pepper, thyme, celery seed, cumin, mustard seed, canola oil, tumeric, ascorbic acid (preservative), natural flavors), Chicken Base (salt, corn syrup solids, chicken fat (chicken fat, bha, propyl gallate, citric acid), yeast extract, palm oil, chicken meat powder, onion powder, turmeric, parsley, spice extractives (including turmeric)), Salt, Pepper], **Roast Beef, Beef Gravy** [seasoned beef broth [from pot roast beef; prior to cooking injected with up to 20% solution of water, salt, dextrose, sodium phosphate, hydrolyzed soy acorn protein, extractives of onion, garlic and spices. caramel coloring) and/or (from smoked beef brisket; prior to cooking seasoned with Premium Blend Seasoning (sugar, salt, chili pepper, spices, dehydrated garlic, disodium inosinate, disodium guanylate, silicon dioxide (to prevent caking)) and Rosemary Garlic Seasoning (dried garlic, salt, dried onion, rosemary, spice, dried red bell pepper, dried lemon peel, paprika [color])], water, clear jel [100% food starch-modified, derived from waxy maize], **PAM cooking spray** (to prevent sticking) [canola oil\*, coconut oil\*, palm oil\*, soy lecithin (prevents sticking), dimethyl silicone (anti foaming agent)]

**Processed in facilities that process wheat, egg, milk, soy, tree nuts & peanuts**