

Salads: \$7.19

Festive Turkey: a bed of greens, pecans, dried cranberries, red onion, feta cheese & smoked turkey breast — with a sweet vinaigrette dressing **-GF**

Chef Salad: a bed of lettuce, deli ham, smoked turkey breast, cheddar shreds, tomatoes, hard-boiled egg, red onion & croutons — with your choice of golden italian or ranch dressings

The Patriot: a bed of spinach & romaine, strawberries, blueberries, feta cheese, & walnuts — with a sweet vinaigrette dressing

Chicken Caesar: a bed of greens, sliced chicken breast, parmesan cheese, red onion & croutons — with a creamy caesar dressing

Soup & Sandwich Combo:

Cup of Soup + 1/2 Panini - \$7.59

Choice of any soup & panini combo

Soups:

— served with saltines

Bowl: \$6.59 **Cup:** \$4.59

Hearty Beef Chili: smoked brisket, ground burger, a medley of beans & spices — seasoned & simmered for that perfect ‘warm me up’ taste! **-GF**

Hearty Chicken Corn Noodle: roast chicken, creamed corn, carrots, celery, onion & noodles in a perfectly seasoned chicken broth

Sausage & Potato Chowder: seasoned sausage, potatoes and spices, in a creamy cheese broth **-GF**



Paninis:

— served on bistro bread; Hartley's Potato Chips on side

Ham & Cheddar: \$7.99

Sliced Ham, Cheddar & house-made honey mustard drizzle

Brisket & Horseradish: \$9.99

Shredded brisket, provolone, grilled peppers & onions + horseradish sauce drizzle

Turkey BLAT: \$9.79

Sliced turkey breast, bacon, lettuce, seasoned avocado spread, tomato slices & garlic parm aioli

Grilled Cheese: \$5.99

Melty american cheese between two slices of perfectly toasted bread. An american classic!

The Grinder: \$9.69

Sliced Ham, Pepperoni, Hard Salami, Provolone, Shredded Lettuce, Tomato, Red Onion & Banana Peppers — with a homemade hoagie dressing

Quesadillas:

Cheesy Burger Quesadilla: \$10.29

Seasoned, ground burger, american cheese, lettuce, tomato, dill pickle, mayo & greek dressing in a flour tortilla — served with Hartley's Potato Chips

4- Cheese Quesadilla: \$7.29

Monterey Jack, Cheddar, Asadero & Queso Quesadilla blend cheese in a flour tortilla. Served with sour cream, salsa & tortilla strips

Chicken Quesadilla: \$9.59

Shredded chicken, drizzled with house-made bbq sauce & topped with colby jack cheese in a flour tortilla. Served with sour cream, salsa & tortilla strips

GF = Gluten Free processed in facilities that process gluten.

Our products may contain wheat, egg, milk or soy allergens. Products may also be processed in facilities that process tree nuts & peanuts

Prices subject to change without notice
Menu & Pricing Updated: August 2026



Daily Specials:

Monday: Fresh Salads: \$1.00 off — choose from any of our fresh lettuce salads

Tuesday: Chicken & Filling Entrees — homemade mashed potatoes, roast chicken, filling & gravy: \$9

Wednesday: Pulled Pork Sandwiches \$9.50

— house-smoked pulled pork on a fresh-baked roll, topped with our house-made BBQ Sauce + bag of Hartley's Potato Chips

Thursday: Homemade Potpie: \$5 / Bowl — alternating by week, our house-made Ham -or- Chicken Potpie

Friday: Big Dogs: \$1.00 off - any variation of our 1/4 lb. beef dogs

Big Dogs:

—served with Hartley's Potato Chips

1/4 lb. Beef Hotdog: \$5.89

Served on a fresh baked roll

Add Cheese: + \$.50

Add Chili: + \$.89

Classics:

Mac 'n Cheese Cup: 8 oz Cup: \$4.19

Elbow macaroni in creamy cheese sauce

Kickin' Chicken: \$5.69 **-GF**

House-made Buffalo Chicken Dip served w/ tortilla strips

Grilled Chicken Strips & Parmesan Hand Cut Fries: \$9.89 **-GF**

served w/ choice of BBQ sauce, Ranch or Honey Mustard

Cookies: pack of 2 - \$2.29

Chocolate Chip

Peanut Butter

Coconut Pecan

Snickerdoodle

White Choc. Macadamia Nut



Smoothies: 16 oz , \$6.79 **-GF**

Real fruit, locally sourced yogurt, cream + coconut water — topped with whip

Peach - peaches

Strawberry Banana -strawberries & bananas

Very Berry -raspberries, strawberries & blueberries

Bahama Breeze -pineapple, mango, & peaches

Add Vanilla Protein Powder: \$1.75

Add Spinach: \$.50

Yogurt Parfait: 12 oz, \$5.29 **-GF**

Locally sourced yogurt, fresh fruit & homemade granola

Açaí Bowls:

Classic Açaí Bowl | \$9.89 -GF

Açaí, strawberries, house-made granola, coconut flakes & almonds — drizzled with honey

Peanut Butter Bowl | \$10.29

Açaí, bananas, house-made granola, peanut butter & dark chocolate sauce

Rawçai Bowl | \$10.49 -GF

Açaí, bananas, strawberries, blueberries, house-made granola & chia — drizzled with honey

Build Your Own Bowl | \$10.89

Açaí base + includes 3 toppings of your choice

Bubble Teas: \$5.59

Choose a Base: Lemonade, Iced Tea -or- Arnold Palmer

Choose Your Bubbles: Strawberry, Blueberry, Mango, Cherry or Peach

Extra Scoop of Bubbles: \$1.50

Bottled Beverages:

Bottled Pepsi & Coke Products: \$2.19

Bottled Teas: \$2.19

Bottled Water: \$1.89

Assorted Bottled Juice: \$1.69

Chocolate Milk, 12 oz: \$1.99



STAY CONNECTED
www.kickNkater.com



Add additional toppings — \$.50 / per topping

- Extra Homemade Granola
- Coconut Flakes
- Almonds
- Strawberries
- Blueberries
- Banana
- Dark Chocolate Sauce
- Peanut Butter
- Chia Seeds

Add Protein: — **\$1.75**

