



# Hearty Beef Casserole

~ layered hash browns, ground beef, broccoli, cream of mushroom, cheddar cheese & French fried onions

## Heating Instructions & Meal Ingredient Listing

**Kickin' Kater LLC**

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Licensed by PA Dept of Ag.



**Directions:** Product is fully cooked; thaw completely and cover with foil before placing in oven. Slowly heat in oven at 275° until minimum internal temperature of 165° is reached. Rotate half way through heating.

**For crisp top, remove foil for last 10 minutes of baking**

### Approximate Heating Times for:

**Family Pan** – 60 minutes to 1.5 hours

**29 oz Pan** – 45 to 60 minutes

**13 oz Pan** – 30 to 45 minutes

**Microwave Container:** for best results, thaw completely. Product is fully cooked, treat as if reheating leftovers.

Microwave for 1 minute 30 seconds. Stir or rotate. Microwave for another 1 minute, or until desired temperature reached

**Once product is thawed, use within 7 days or discard**

**Suggested use within 6 months of Freeze By Date**

**Contains: Wheat, Milk, Soy, Celery**

**Ingredients:** cream of mushroom (water, mushrooms, wheat flour, soybean oil, contains 2% or less of: corn starch, salt cream, whey protein concentrate, modified food starch, soy protein concentrate, yeast extract, natural flavor, dehydrated garlic, lactic acid), hash brown potatoes (potatoes, dextrose, disodium dyhydrogen pyrophosphate [to maintain natural color]), broccoli, ground hamburger, shredded cheddar (pasteurized milk, cheese culture, salt, enzymes, color added), potato starch and powdered cellulose added to prevent caking, nyamycin (a natural mold inhibitor)), French fried onions (onions, palm oil, wheat flour, dextrose, salt), whole or 2% milk (milk, vitamin D3 and may contain vitamin A palmitate), salt, farm dust seasoning (kosher salt, sea salt, dried onion and garlic, black pepper, fennel, celery, marjoram, thyme, rosemary, savory, sage, oregano, basil), granulated garlic, black pepper, PAM cooking spray (to prevent sticking) [canola oil\*, coconut oil\*, palm oil\*, soy lecithin (prevents sticking), dimethyl silicone (anti foaming agent)]

**Processed in facilities that process wheat, egg, milk, soy, tree nuts & peanuts**